

September 2017
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Administrator's Corner

When I joined the JPH in June 2012, little did I know that I would become a student, surrounded by the best teachers in the world of real life - the elders. When I add up every elder's life experience, there are hundreds of years of wisdom in the Alaska Pioneer Homes for every life situation.

As a student, here are some of the lessons I learned from the Juneau Pioneers' Home elders:

- At every stage of life, we all have a chance to continue to learn and grow. In fact, we continue to grow until our final breath.
- A genuine smile, a handshake, a gentle eye contact, children, plants, and animals can be enough to bring happiness to someone around us.
- The smell of freshly baked bread, a cup of very hot English tea, a perfectly cooked poached egg can bring so much joy to someone's heart.
- The real key to happiness is not material things but gratitude from life's simple blessings.
- Despite everything that's going on in our lives, there's always a chance to do something good for others.
- It is better to focus on what we can do and not what we can't do.
- It is still possible to exercise regularly when I reach 90+ years old.
- It is important to slow down and be present in the 'now'.
- Time is short - it is best to forgive and forget and focus on the love we have for one another.
- The gift of time and a kind heart are two of the best we can give one another.
- We can't take any material things with us when our earthly life ends.
- We don't have to be blood related to be family. Our JPH Family continues to grow every day and this is exciting!

To our elders— thanks and I look forward to learning more from you all.

Gina :=)

**Alaska
Pioneer
Homes
Mission
Statement:**
Providing
elder Alaskans
a home and
community,
celebrating life
through its
final breath.

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MAGNIFIER READER DONATED

Thank you to an anonymous family who kindly donated a magnifier reader device to the home. It truly is a great device to have available for some elders who enjoy reading the newspaper, magazines, etc.

The device is located at the far corner of the Great Hall.

EVERSOUND HEADPHONES

We are getting great reviews from elders who are using the headphones. It makes a big difference in hearing music, during bingo games and exercises.

Thank you to the JPH Foundation for funding it for a year.

AUGUST HIGHLIGHTS



Residents enjoy an impromptu Parking Lot BBQ



Lenore examines different panning stones during a Gold Panning Presentation by David Wilfong.



Church of Christ Choir sings to Residents.



Maddy plays ukelele instrument as she prepares for a talent competition.

WELCOME TO MOUNTAIN SIDE NEIGHBORHOOD, JEAN!

Jean was born in Anchorage, Alaska. Jean has four children, 10 grandchildren and 7+ great grandchildren. Her children's names are Janice Hill (Haines), Kathy Berzanske (Haines), Sue Folletti (Haines) and Michael Clayton (Juneau). Early in her working career Jean was a schoolteacher and her husband was a fisherman. She also worked as a Longshore tally person, store clerk, net mender as well as a stay at home mom.

Jean loves to travel and enjoys talking about her trips. What continues to give Jean pleasure in her life are her grandchildren.



*"People will forget what you said, People will forget what you did, But
People will never forget how you made them feel."*

Maya Angelou

CELEBRATION OF LIFE—HERB BONNETT

Herb Bonnett died Monday, August 14, 2017. He was 87.

Born in Juneau at St. Ann's Hospital on January 5, 1930 and grew up in Thane—"the greatest sandbox in the world" and Douglas. His fascination with boats and planes and drawing began in his early years. He made a career as an artist, his countless original paintings and prints in the homes and businesses throughout Alaska.

Herb loved his boats, and ran 13 boats from Seattle to Juneau. Boats figure in his paintings almost as much as planes.

Herb leaves behind countless dedicated and loyal friends, close friends he knew for his entire life as well as dear friends gained during his stay at the Juneau Pioneers' Home. He enjoyed being the life of the party—witty, discerning and attentive.

Herb is survived by his daughter, Michelle (Jim) Hale and son Glenn (Missy) Seibel, grandchildren Alicia and Tori and numerous step-grandchildren, sister Betty Hunt, brothers Lou (Edie) Bonnett and George (Helen) Bonnett, nieces Karen Bonnett Petersen and Sandy Spickler and nephew Craig Bonnett.

A tribute to Herb was held at the Juneau Yacht Club on September 1, 2017, an opportunity for friends and family to say goodbye to this beloved artist and remarkable man, near the water and the harbors that so defined his life.



ACTIVITIES AT-A-GLANCE

Singing w/Jacque & Jack

Mon & Thurs—
10:30am

Bingo

Mon, Tues, Fri & Sun
1:30pm-2:30pm

Board & Cards Games

Everyday @ 3pm

Bread Making / Tasting

Tues, 10:30am /
3:00pm

Fun & Fit / Exercises

Monday—Sunday
4:00pm

Pioneer's Choice

6pm

Music with Dale

Every other Tues, 6pm

Piano Tues with T.J.

Every other Thurs, 6pm

Ice Cream Social

Fridays @ 1pm

Eleanor's Funnies

Husband's Estimate

Joe's wife bought a new line of expensive cosmetics guaranteed to make her look years younger. After a lengthy sitting before the mirror applying the "miracle" products, she asked, "Darling, honestly, what age would you say I am?"

Looking over her carefully, Joe replied, "Judging from your skin, twenty; your hair, eighteen; and your figure, twenty five."

"Oh, you flatterer!" she gushed.

"Hey, wait a minute!" Joe interrupted. "I haven't added them up yet."

ROAD TRIP



Jim, Kay, Karen, Ward, Lenore, Ben and Jeannette visited the new valley library on 9-7-2017

Next road trip: NOAA (Alaska Fisheries Science Center) on 9-21-2017.

CARNIVAL HIGHLIGHTS



Marion try her skills at Balloon Pop



Jim aims on the "Ninja Shoot"



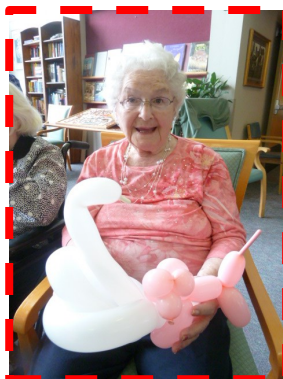
Jeannette show off all her winning tickets.



Magician Dan performs rope tricks in front of a crowded room.



Megan assist Mary get carnival goodies.



Lenore enjoys her "Animal Balloons"



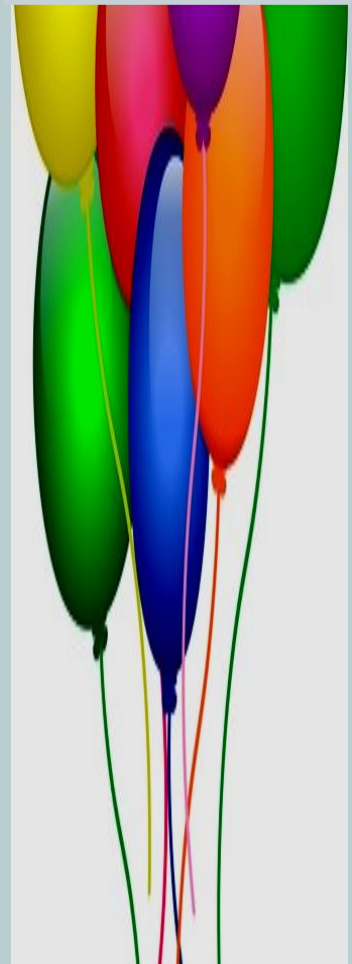
"Hole In One" for Hazel



Jeannette playing "Ring Toss" w/Georgene

SEPTEMBER RESIDENTS BIRTHDAY(S)

Margo Lewis—Sept. 6
Howard Rider—Sept. 30



OCTOBER RESIDENTS BIRTHDAY(S)

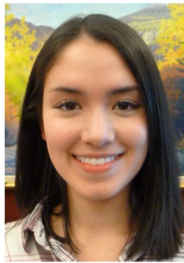
Bea Long—Oct. 7
Sophie Corpuz—Oct. 16
Florence Mynarski—Oct. 27

STAFF CORNER

NEW FACES AROUND THE NEIGHBORHOOD



NAPHTALI BENJAMIN
HOUSEKEEPING



ERICA MAIQUIS
CNA



LAURA GETS HER FEET
WET IN THE KIDDIE POOL

FACES WE WILL MISS AROUND THE NEIGHBORHOOD



Jona joined JPH Housekeeping on October 10, 2016. The elders will miss Jona's smiling face.

Jona joined the Army National Guard and will receive his training in Georgia.

EMPLOYEE SEPTEMBER BIRTHDAY

Tessie Punongbayan—Sept. 23